



## **ISG- DAMMAM HIGH SCHOOL Semester Exams, January 25-27, 2010**

### **HOW TO PREPARE FOR MAJOR EXAMS**

1. Start very early. Set a study schedule at least two weeks before exams are to begin, as you were instructed by the counselors.
2. Spend a weekend reviewing your notes, returned worksheets, class work, tests and reading through your texts for all subjects.
3. During the first week of this two-week period, plan how many subjects per day you will be studying. If it's not a school day then you can probably study for three subjects, but at least two during the school week.
4. Plan your study schedule for the week before the exams. Plan to spend longer on subjects you're not quite sure about. By this time, you should be relying on your study notes and referring to your notes, worksheets, tests and text only for clarification.
5. During this week before exams, divide your scheduled study time so that you are spending an equal amount of time on each subject.
6. During exam time, study mostly for the tests you will be taking the next day. If you have time, take about thirty minutes before studying for the next two tests and briefly study for the other exams.
7. Be sure that you get a good night's sleep before the exams. Don't stay up all night studying! If you do, you will be too tired to concentrate and do your best. Make sure you eat a good breakfast, preferably protein to keep you alert during the day. In addition, don't skip lunch. You need the energy to be able to think well.
8. Make sure you take the proper materials to the test, pens and any other items your teacher has specified. Wear a sweater in case it's cold in the room. Go to the washroom before you go in to take the test. Arrive on time.  
Good Luck!